

GMT 19/20, lecture 8, 3/4/20

Missing step in  $H^d = H^d_\delta = \mathcal{L}^d$  on  $\mathbb{R}^d$

Namely  $H^\infty \geq \mathcal{L}^d$ . (\*)

$\forall \delta \in (0, +\infty]$

Lemma (Isodiametric Inequality)

For every  $E \subset \mathbb{R}^d$  there holds

$$\frac{\alpha_d}{2^d} (\text{diam } E)^d \geq \mathcal{L}^d(E)$$

( $\alpha_d :=$  volume of unit ball in  $\mathbb{R}^d$ )

that is " $\mathcal{L}^d$ "

"among all set with prescribed diameter the ball has largest volume,"

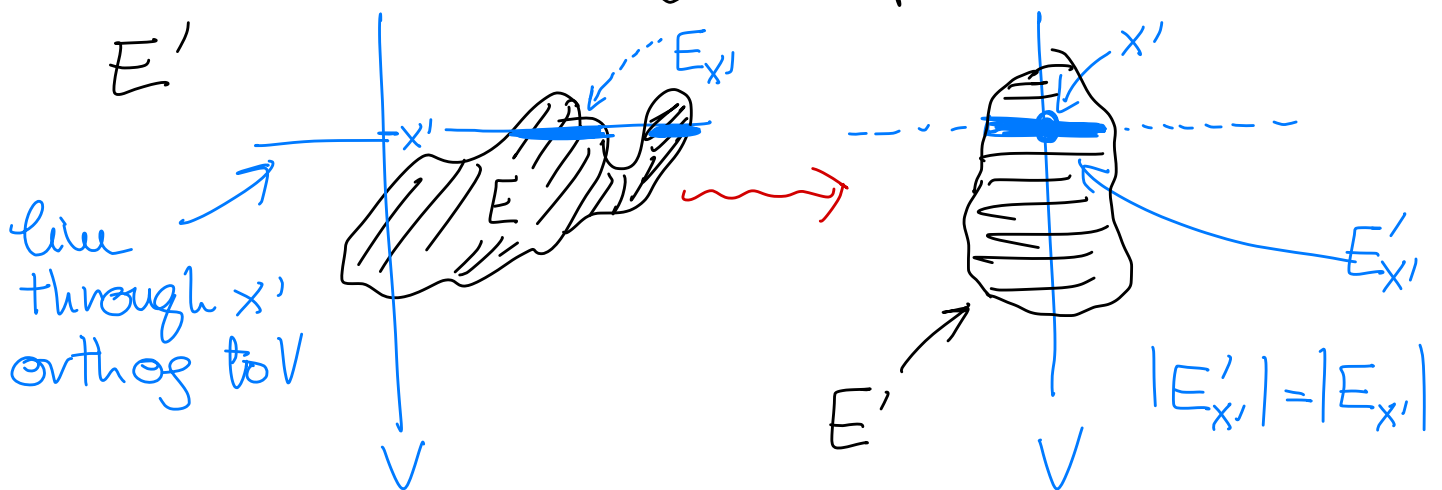
Proof of (\*). Fix  $E \subset \mathbb{R}^d$ , take

$\{E_i\}$  countable cover of  $E$ . Then

$$H^\infty(E) \geq \frac{\alpha_d}{2^d} \sum_i (\text{diam } E_i)^d \geq \sum_i \mathcal{L}^d(E_i) \geq \mathcal{L}^d(E)$$

To prove Isodiam. Ineq. we need Steiner symmetrization:

Fix  $E \subset \mathbb{R}^d$ , Fix  $V$  hyperplane of  $\mathbb{R}^d$   
 the Steiner symm. of  $E$  wrt  $V$  is  $E'$



that is

$$E' := \left\{ (x', x'') \mid |x''| \leq h(x') \right\} \quad \text{where } h(x') := \frac{1}{2} |E_{x'}|$$

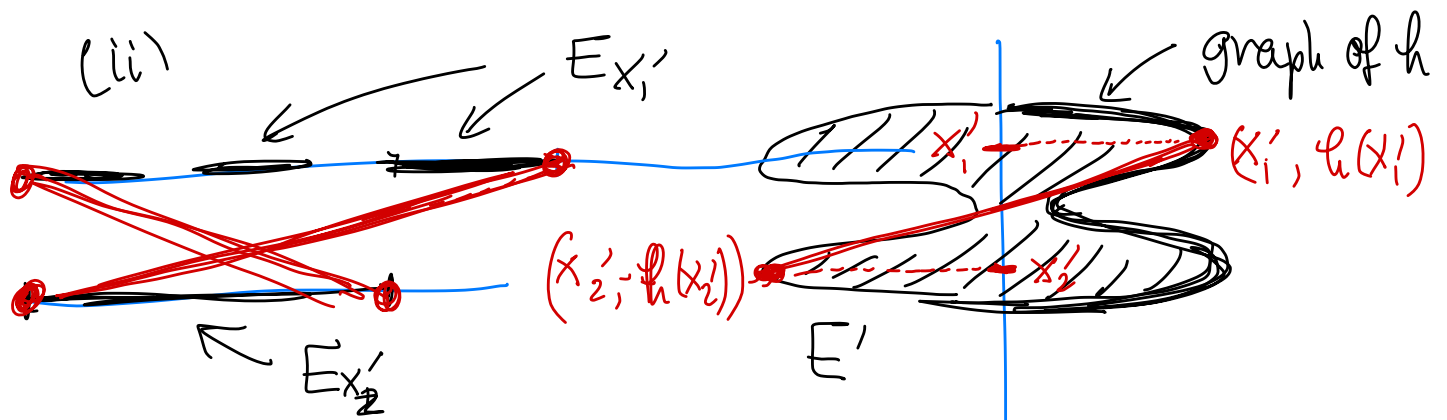
$\bigcap_{V \times V^\perp}$

Lemma

(i)  $\mathcal{L}^d(E') = \mathcal{L}^d(E)$

(ii)  $\text{diam}(E') \leq \text{diam}(E)$

Proof (i) obvious by Fubini!



Choose  $x_1', x_2' \in p_v(E)$  s.t.

$$(\text{diam}_v(E'))^2 = (d(x_1, x_2))^2$$

$$= (x_1' - x_2')^2 + (h(x_1') + h(x_2'))^2$$

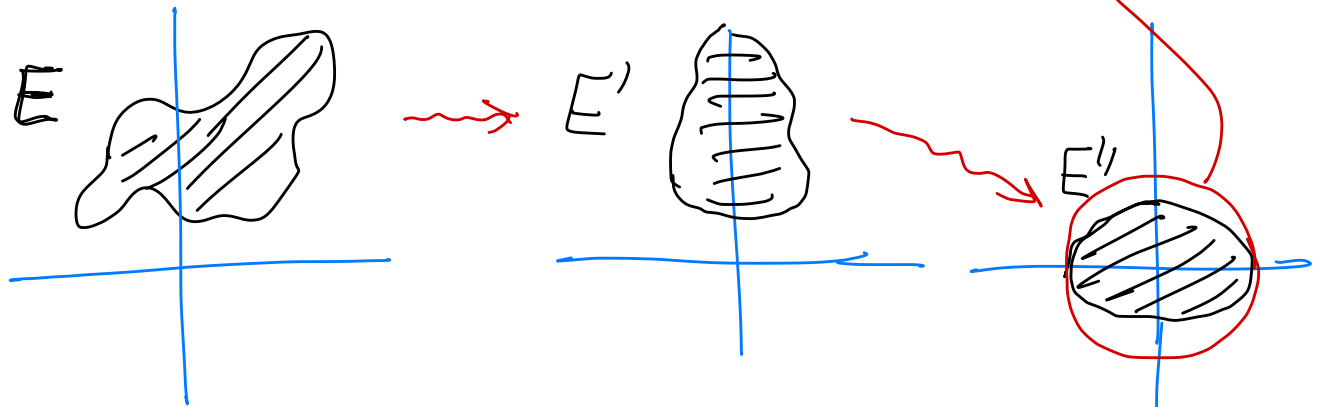
Note that

$$h_1(x_1') + h_2(x_2') \leq \frac{1}{2} (\sup(E_{x_1'}) - \inf(E_{x_1'})) + \frac{1}{2} (\sup(E_{x_2'}) - \inf(E_{x_2'}))$$

$$= \frac{1}{2} (\sup E_1 - \inf E_2) + \frac{1}{2} (\sup E_2 - \inf E_1)$$

$$\leq \max \left\{ \underbrace{(\sup E_1 - \inf E_2)}; \underbrace{(\sup E_2 - \inf E_1)} \right\}$$

Proof of Isodiam. Ineq.  
 (for  $d=2$ )



$E''$  is sym. wrt origin  $\Rightarrow E'' \subseteq B(0, r)$

$$\text{diam}(E) \geq \text{diam}(B)$$

$$\parallel \frac{\text{diam}(E'')}{2}$$

$$\pi \left( \frac{\text{diam} E}{2} \right)^2 \geq \pi \left( \frac{\text{diam} B}{2} \right)^2 = \text{area}(B)$$

$$\geq \text{area}(E'') = \text{area}(E)$$

□

## 2 | Results on densities of sets

Theorem 1  $E$  Borel set in  $X$  +  $\mu$  locally finite measure +  $\begin{cases} X = \mathbb{R}^d \\ \mu \text{ doubling} \end{cases}$

Then

$$\Theta_{\mu}(E, x) := \lim_{r \rightarrow 0} \frac{\mu(E \cap \overline{B(x, r)})}{\mu(\overline{B(x, r)})} = \begin{cases} 1 & \text{for } \mu\text{-a.e. } x \in E \text{ (b)} \\ 0 & \text{for } \mu\text{-a.e. } x \notin E \text{ (a)} \end{cases}$$

Rem

$$\Theta_{\mu}^*(E, x) := \limsup_{r \rightarrow 0} \frac{\mu(E \cap \overline{B(x, r)})}{\mu(\overline{B(x, r)})} = \limsup_{r \rightarrow 0} \frac{\mu(E \cap B(x, r))}{\mu(B(x, r))}$$

$$\Theta_{*\mu}(E, x) := \liminf_{r \rightarrow 0} \dots$$

Proof of Th. 1 (a)

$$\Theta_{\mu}(E, x) = 0 \text{ for } \mu\text{-a.e. } x \notin E$$

$\uparrow$

$$\Theta_{\mu}^*(E, x) = 0 \text{ for } \mu\text{-a.e. } x \notin E$$

$\uparrow$

$$\forall \delta > 0 \text{ let } E_{\delta} := \{x \notin E \mid \Theta_{\mu}^*(E, x) > \delta\}$$

$$\text{then } \mu(E_{\delta}) = 0$$

$$\text{Let } \mathcal{M} := \left\{ \overline{B(x,r)} \mid x \in E_\delta \text{ \& } \mu(E \cap \overline{B(x,r)}) \geq \delta \mu(\overline{B(x,r)}) \right\}$$

$\lambda(\overline{B(x,r)})$

—  $\mathcal{M}$  is a Besicovitch cover of  $E_\delta$  —

let  $\lambda := \mu \llcorner E$ .

Then  $\lambda(E_\delta) = 0$

Then I can find  $\mathcal{G} \subset \mathcal{M}$  s.t.

$\forall \varepsilon > 0$   $\mathcal{G}$  covers  $E_\delta$  \&  $\sum_{B \in \mathcal{G}} \lambda(B) \leq \lambda(E_\delta) + \varepsilon$

$\lambda(E_\delta) = 0$

$$\varepsilon \geq \sum_{B \in \mathcal{G}} \lambda(B) \geq \delta \sum_{B \in \mathcal{G}} \mu(B) \geq \delta \mu(E_\delta)$$

$\uparrow$   
 $B \in \mathcal{G}$

Since  $\varepsilon$  is arbitrary  $0 \geq \delta \mu(E_\delta)$   
that is  $\mu(E_\delta) = 0$ .

Lemma If  $\mu$  is doubling then  
 $\mu \llcorner F$  is asymptotically doubling

Proof of Th 1 (b)

Pass to  $E^c$  and use statement (a) and the fact that

$$\bigoplus_{\mu}^*(E^c, x) = 1 - \bigoplus_{\mu}^*(E, x) \quad \square$$

Th 2]  $E \subset X$ ,  $\mathcal{H}^d(E) < +\infty$  for some  $d \in (0, +\infty)$

Then

$$(a) \quad \bigoplus_d^*(E, x) := \limsup_{r \rightarrow 0} \frac{\mathcal{H}^d(E \cap \overline{B(x, r)})}{\alpha_d r^d} = 0$$

$$\parallel$$

$$\bigoplus_d(E, x)$$

for  $\mathcal{H}^d$ -a.e.  $x \notin E$

$\frac{\alpha_d}{2^d}$  is the norm. constant in the def. of Hausdorff meas.

(b)

$$\frac{1}{2^d} \leq \bigoplus_d^*(E, x) \leq \begin{cases} 1 & \text{if } X = \mathbb{R}^d \\ 5^d & \text{if } X \text{ arbitrary} \end{cases}$$

for  $\mathcal{H}^d$ -a.e.  $x \in E$

Rem  $\exists E \subset \mathbb{R}^m$  s.t.  $0 < \mathcal{H}^d(E) < +\infty$  &  $\bigoplus_{*d}^*(E, x) = 0$   $\mathcal{H}^d$ -a.e.

# Proof of Th 2 (a) [for $X = \mathbb{R}^m$ ]

$$\bigoplus_d^*(E, x) = 0 \quad \text{for } \mathcal{H}^d\text{-a.e. } x \in E$$

$$\forall \varepsilon > 0 \text{ let } E_\varepsilon := \{x \in E \mid \bigoplus_d^*(E, x) > \varepsilon\}$$

then  $\mathcal{H}^d(E_\varepsilon) = 0$

Let  $\mu := \mathcal{H}^d \llcorner E$ . (finite measure!!)

$$\mathcal{F} := \left\{ \overline{B(x, r)} \mid x \in E_\varepsilon \ \& \ \frac{\mathcal{H}^d(E \cap \overline{B(x, r)})}{\alpha_d r^d} \geq \varepsilon \right\}$$

that is  $\mu(\overline{B(x, r)}) \geq \varepsilon \alpha_d r^d$

•  $\mathcal{F}$  is a Besicovitch cover of  $E_\varepsilon$ !

• since  $E_\varepsilon \cap E = \emptyset \Rightarrow \mu(E_\varepsilon) = 0$

$\forall \delta > 0 \exists \mathcal{G} \subset \mathcal{F}$  s.t.  $\mathcal{G}$  covers  $E_\varepsilon$

$$\& \sum_{B \in \mathcal{G}} \mu(B) \leq \delta$$

$$\delta \geq \sum_{B \in \mathcal{G}} \mu(B) \geq \varepsilon \frac{\alpha_d}{2^d} \sum_{B \in \mathcal{G}} (\text{diam } B)^d \geq \varepsilon \mathcal{H}_\infty^d(E_\varepsilon)$$



Since  $\delta$  is arbitrary,  $H_{\infty}^d(E_{\varepsilon}) = 0$

$$\Rightarrow H^d(E_{\varepsilon}) = 0.$$

Lemma  $H_{\infty}^d(F) = 0 \Rightarrow H^d(F) = 0$